

Personalized breastfeeding support

24/7 help from lactation pros

Nursing not going as planned? Can't get the hang of pumping? You have 24/7 access to board-certified lactation consultants you can call to help you through the rough patches, answer questions, and address your concerns. Benefit is available to both parents.

Traveling and breastfeeding?

MilkShip® lets you safely ship breast milk home.

You can also receive:

- Referrals to local, in-person lactation consultants
- A complimentary kit with breastfeeding products
- Guides and parenting resources



Enroll or log in to get care today
care.com/yourbenefits